

GLENDALE CENTER (HSG)
Week-At-A-Glance
hcsg2northern2024-25 Week 1

Regular						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs 1/4 Cup Oatmeal Cereal 6 Oz Glazed Cinnamon Roll 1 Ea Milk 8 Oz Coffee or Hot Tea 6 Oz Orange Juice 4 Oz Cold Cereal of Choice 1 Srv	French Toast 2 Sl - Margarine 1 Ea - Syrup 1 Ea Bacon 2 Sl Oatmeal Cereal 6 Oz Milk 8 Oz Coffee or Hot Tea 6 Oz Orange Juice 4 Oz Cold Cereal of Choice 1 Srv	Scrambled Eggs w/Cheese 1/4 Cup Oatmeal Cereal 6 Oz Biscuit 1 Ea - Margarine 1 Ea - Jelly 1 Ea Milk 8 Oz Coffee or Hot Tea 6 Oz Orange Juice 4 Oz Cold Cereal of Choice 1 Srv	Western Scrambled Eggs 1/4 Cup Breakfast Ham 1 Oz Oatmeal Cereal 6 Oz Toast 1 Sl - Margarine 1 Ea - Jelly 1 Ea Milk 8 Oz Coffee or Hot Tea 6 Oz Orange Juice 4 Oz Cold Cereal of Choice 1 Srv	Buttermilk Pancakes 2 Ea - Margarine 1 Ea - Syrup 1 Ea Sausage Patty 1 Ea Oatmeal Cereal 6 Oz Milk 8 Oz Coffee or Hot Tea 6 Oz Orange Juice 4 Oz Cold Cereal of Choice 1 Srv	Scrambled Eggs 1/4 Cup Oatmeal Cereal 6 Oz Cranberry Orange Coffee Cake 1 Square - Margarine 1 Ea Milk 8 Oz Coffee or Hot Tea 6 Oz Orange Juice 4 Oz Cold Cereal of Choice 1 Srv	Baked Cheese Omelet 1 Ea Oatmeal Cereal 6 Oz Toast 1 Sl - Jelly 1 Ea - Margarine 1 Ea Milk 8 Oz Coffee or Hot Tea 6 Oz Orange Juice 4 Oz Cold Cereal of Choice 1 Srv
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Apple Glazed Sliced Ham 3 Oz Spinach Au Gratin 1/2 Cup Whipped Sweet Potatoes 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Pineapple Upside Down Cake 1 Square Coffee or Hot Tea 6 Oz Lemon Pepper Chicken Breast 3 Oz Buttered Whole Kernel Corn (veg) 1/2 Cup Parmesan Noodles 1/2 Cup	Chicken Pot Pie w/ 1 Cup - Biscuit 1 Ea Tossed Salad w/Dressing 1 Cup Deluxe Fruit Salad 1/2 Cup Coffee or Hot Tea 6 Oz Hamburger on a Bun 1 Sandwich - Lettuce & Tomato 1 Plate - Ketchup 1 Pkt - Pickle Spear 1 Spear Broccoli Florets 1/2 Cup Tater Tots 1/2 Cup - Ketchup 1 Pkt	Sweet & Sour Meatballs 3 Ea Garlic Green Beans 1/2 Cup Steamed Rice 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Mandarin Oranges 1/2 Cup Coffee or Hot Tea 6 Oz Smothered Turkey Patty 3 Oz Harvard Beets 1/2 Cup Parsley Noodles 1/2 Cup	Open-Faced Roast Pork Sandwich 1 Sandwich - Brown Gravy 2 Oz Sliced Glazed Carrots 1/2 Cup Mashed Potatoes 1/2 Cup Lemon Cake w/Lemon Icing 1 Square Coffee or Hot Tea 6 Oz Marinated Chicken Breast 3 Oz Parsley Cauliflower 1/2 Cup Buttered Noodles 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea	Crispy Baked Chicken 3 Oz Brussels Sprouts 1/2 Cup Macaroni & Cheese 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Pumpkin Pie 1 Sl Coffee or Hot Tea 6 Oz Italian Sausage 1 Ea Sliced Carrots 1/2 Cup Garlic Roasted Red Skin Potatoes 1/2 Cup	Herb Baked Tilapia Fillet 3 Oz Tossed Salad w/Dressing 1 Cup Baked Potato 1 Ea - Margarine 1 Ea - Sour Cream 1 Pkt Dinner Roll/Bread 1 Ea - Margarine 1 Ea Vanilla Ice Cream 1 Ea Coffee or Hot Tea 6 Oz Chicken Tenders 2 Ea - Honey Mustard 1 Ea Winter Vegetable Blend 1/2 Cup Seasoned Rice 1/2 Cup	Homestyle Turkey & Gravy 4 Oz Country Vegetable Blend 1/2 Cup Bread Dressing 1/2 Cup Parsley Dinner Roll 1 Ea - Margarine 1 Ea Double Chocolate Brownie 1 Square Coffee or Hot Tea 6 Oz Hamburger Steak w/Grilled Onions 3 Oz - Brown Gravy 2 Oz Parsley Cauliflower 1/2 Cup Mashed Potatoes 1/2 Cup

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Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
<p>Grilled Two Cheese Sandwich 1 Sandwich Calico Coleslaw 1/2 Cup French Fries 1/2 Cup - Ketchup 1 Pkt Tomato Soup 6 Oz - Saltine Crackers 1 Pkt Chilled Pears 1/2 Cup Milk 8 Oz Coffee or Hot Tea 6 Oz</p> <p>Meatballs w/Gravy 3 Ea Capri Vegetable Blend 1/2 Cup Buttered Rice 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea</p>	<p>Shrimp Alfredo w/ 3 Oz - Spaghetti Noodles 1/2 Cup Green Peas 1/2 Cup Garlic Bread 1 Ea Peanut Butter Cookie 1 Ea Milk 8 Oz Coffee or Hot Tea 6 Oz</p> <p>Glazed Baked Pork Chop 3 Oz Sliced Carrots 1/2 Cup Parsley Rice 1/2 Cup</p>	<p>Rancher's Chicken Thigh 1 Ea Country Style Tomatoes 1/2 Cup Oven Browned Potatoes 1/2 Cup Cornbread 1 Square - Margarine 1 Ea Cinnamon Brown Sugar Blondie 1 Square Milk 8 Oz Coffee or Hot Tea 6 Oz</p> <p>Cheese Quesadilla 1 Ea - Sour Cream 1 Pkt Chuckwagon Corn (veg) 1/2 Cup Mexican Rice 1/2 Cup</p>	<p>Baked Ziti w/Meatsauce 1 Cup Steamed Broccoli Florets w/Lemon 1/2 Cup Italian Herbed Dinner Roll 1 Ea - Margarine 1 Ea Tropical Fruit Salad 1/2 Cup Milk 8 Oz Coffee or Hot Tea 6 Oz</p> <p>Egg Salad Sandwich 1 Sandwich - Lettuce & Tomato 1 Plate Green Pea Salad 1/2 Cup Potato Chips 1 Oz</p>	<p>Philly Cheesesteak Sandwich 1 Sandwich - Sauteed Peppers & Onions. 1/4 Cup Capri Vegetable Blend 1/2 Cup Tater Tots 1/2 Cup - Ketchup 1 Pkt Pineapple Tidbits 1/2 Cup Milk 8 Oz Coffee or Hot Tea 6 Oz</p> <p>Turkey Burger on a Bun 1 Sandwich - Lettuce & Tomato 1 Plate - Pickle Spear 1 Spear - Mayonnaise 1 Pkt Seasoned Whole Kernel Corn (veg) 1/2 Cup Buttered Rice 1/2 Cup</p>	<p>Cheese Ravioli w/Marinara Sauce 1 Cup Seasoned Green Beans 1/2 Cup Garlic Bread 1 Ea Spiced Peaches 1/2 Cup Milk 8 Oz Coffee or Hot Tea 6 Oz</p> <p>Parsley Pork Chop 3 Oz Seasoned Beets 1/2 Cup Rice Pilaf 1/2 Cup</p>	<p>Kielbasa Sausage 1 Ea Braised Cabbage 1/2 Cup Brown Sugar Baked Beans 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Maple Apple Crisp 1/2 Cup Milk 8 Oz Coffee or Hot Tea 6 Oz</p> <p>Breaded Fish on a Bun 1 Sandwich - Tartar Sauce 1 Pkt Sliced Carrots 1/2 Cup Potato Wedges 1/2 Cup - Ketchup 1 Pkt</p>

GLENDALE CENTER (HSG)
Week-At-A-Glance
hcsq2northern2024-25 Week 2

Regular						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs 1/4 Cup Oatmeal Cereal 6 Oz English Muffin 1 Ea - Margarine 1 Ea - Jelly 1 Ea Milk 8 Oz Coffee or Hot Tea 6 Oz Orange Juice 4 Oz Cold Cereal of Choice 1 Srv	French Toast Casserole 1 Square - Margarine 1 Ea - Syrup 1 Ea Bacon 2 Sl Oatmeal Cereal 6 Oz Milk 8 Oz Coffee or Hot Tea 6 Oz Orange Juice 4 Oz Cold Cereal of Choice 1 Srv	Scrambled Eggs w/Cheese 1/4 Cup Oatmeal Cereal 6 Oz Toast 1 Sl - Margarine 1 Ea - Jelly 1 Ea Milk 8 Oz Coffee or Hot Tea 6 Oz Orange Juice 4 Oz Cold Cereal of Choice 1 Srv	Biscuit 1 Ea - Sausage Gravy 3 Oz Oatmeal Cereal 6 Oz Hashbrown 1/2 Cup Milk 8 Oz Coffee or Hot Tea 6 Oz Orange Juice 4 Oz Cold Cereal of Choice 1 Srv	Scrambled Eggs 1/4 Cup Oatmeal Cereal 6 Oz Apple Cinnamon Muffin 1 Ea - Margarine 1 Ea Milk 8 Oz Coffee or Hot Tea 6 Oz Orange Juice 4 Oz Cold Cereal of Choice 1 Srv	Egg & Cheese Bake 1 Square Oatmeal Cereal 6 Oz Toast 1 Sl - Margarine 1 Ea - Jelly 1 Ea Milk 8 Oz Coffee or Hot Tea 6 Oz Orange Juice 4 Oz Cold Cereal of Choice 1 Srv	Buttermilk Pancakes 2 Ea - Margarine 1 Ea - Syrup 1 Ea Sausage Patty 1 Ea Oatmeal Cereal 6 Oz Milk 8 Oz Coffee or Hot Tea 6 Oz Orange Juice 4 Oz Cold Cereal of Choice 1 Srv
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Parmesan w/ 3 Oz - Spaghetti Noodles 1/2 Cup Roasted Broccoli Florets 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Chilled Peach Parfait 1/2 Cup Coffee or Hot Tea 6 Oz Meatballs w/Gravy 3 Ea Seasoned Beets 1/2 Cup Mashed Potatoes 1/2 Cup	Salisbury Steak 3 Oz - Brown Gravy 2 Oz Sliced Glazed Carrots 1/2 Cup Mashed Potatoes 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Carrot Cake w/Cream Cheese Frosting 1 Square Coffee or Hot Tea 6 Oz Marinated Chicken Thigh 1 Ea Brussels Sprouts 1/2 Cup Parmesan Noodles 1/2 Cup	Encrusted Pork Loin 3 Oz Buttered Green Peas 1/2 Cup Au Gratin Potatoes 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Chocolate Ice Cream 1 Ea Coffee or Hot Tea 6 Oz Vegetable Quiche 1 Sl Sautéed Spinach 1/2 Cup	Cranberry Orange Chicken 3 Oz Roasted Brussels Sprouts 1/2 Cup Garden Blend Rice 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Mandarin Oranges 1/2 Cup Coffee or Hot Tea 6 Oz Cheese Ravioli w/Marinara Sauce 1 Cup Tossed Salad w/Dressing 1 Cup	Italian Sausage 1 Ea Sauteed Spinach w/Garlic 1/2 Cup Parmesan Noodles 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Sliced Pears 1/2 Cup Coffee or Hot Tea 6 Oz Grilled Cheese Sandwich 1 Sandwich Sliced Carrots 1/2 Cup Potato Wedges 1/2 Cup - Ketchup 1 Pkt	Cornflake Crusted Tilapia Fillet 3 Oz Stewed Tomatoes 1/2 Cup Macaroni & Cheese 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Dutch Apple Pie w/Crumb Topping 1 Sl Coffee or Hot Tea 6 Oz Chicken Tenders 2 Ea - Honey Mustard 1 Ea Capri Vegetable Blend 1/2 Cup Herbed Rice 1/2 Cup	Chicken Alfredo w/ 1/2 Cup - Spaghetti Noodles 1/2 Cup Herbed Green Beans 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Butterscotch Pudding Parfait 1/2 Cup Coffee or Hot Tea 6 Oz Hamburger Steak w/Grilled Onions 3 Oz - Brown Gravy 2 Oz Broccoli Florets 1/2 Cup Mashed Potatoes 1/2 Cup
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Grilled Ham & Cheese Sandwich 1 Sandwich Creamy Coleslaw 1/2 Cup Tater Tots 1/2 Cup - Ketchup 1 Pkt Chocolate Chip Cookie 1 Ea Milk 8 Oz Coffee or Hot Tea 6 Oz Smothered Turkey Patty 3 Oz Green Peas 1/2 Cup Buttered Noodles 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea	Breaded Fish on a Bun 1 Sandwich - Tartar Sauce 1 Pkt Seasoned Green Beans 1/2 Cup Potato Wedges 1/2 Cup - Ketchup 1 Pkt Pineapple Tidbits 1/2 Cup Milk 8 Oz Coffee or Hot Tea 6 Oz Garlic Baked Pork Chop 3 Oz Whole Kernel Corn (veg) 1/2 Cup Parsley Rice 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea	Cheese Lasagna 1 Square Parmesan & Herb Roasted Cauliflower 1/2 Cup Italian Herbed Dinner Roll 1 Ea - Margarine 1 Ea Deluxe Fruit Salad 1/2 Cup Milk 8 Oz Coffee or Hot Tea 6 Oz Breaded Chicken on a Bun 1 Sandwich - Mayonnaise 1 Pkt - Lettuce & Tomato 1 Plate Capri Vegetable Blend 1/2 Cup Oven Browned Potatoes 1/2 Cup	Sloppy Joe on a Bun 1 Sandwich Country Vegetable Blend 1/2 Cup French Fries 1/2 Cup - Ketchup 1 Pkt Snickerdoodle Cookie 1 Ea Milk 8 Oz Coffee or Hot Tea 6 Oz Turkey Burger on a Bun 1 Sandwich - Lettuce & Tomato 1 Plate - Pickle Spear 1 Spear - Mayonnaise 1 Pkt Broccoli Florets 1/2 Cup Seasoned Rice 1/2 Cup	Roast Turkey 3 Oz - Poultry Gravy 2 Oz Winter Vegetable Blend 1/2 Cup Sweet Potato Souffle 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Brown Sugar Glazed Angel Food Cake 1 Sl Milk 8 Oz Coffee or Hot Tea 6 Oz Smothered Steak 3 Oz Whole Kernel Corn (veg) 1/2 Cup Herbed Rice 1/2 Cup	Thin Crust Cheese Pizza 1 Pc Tossed Salad w/Dressing 1 Cup Garlic Bread 1 Ea Peach Crisp 1/2 Cup Milk 8 Oz Coffee or Hot Tea 6 Oz Sage Herbed Pork Chop 3 Oz Parsley Cauliflower 1/2 Cup Mashed Potatoes 1/2 Cup	Hot Dog on a Bun 1 Sandwich - Baked Beans 1/2 Cup - Mustard 1 Pkt Confetti Coleslaw 1/2 Cup Tropical Fruit Salad 1/2 Cup Milk 8 Oz Coffee or Hot Tea 6 Oz Tuna Melt Sandwich 1 Sandwich Pickled Beet Salad 1/2 Cup French Fries 1/2 Cup - Ketchup 1 Pkt

GLENDALE CENTER (HSG)
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Regular						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs 1/4 Cup Oatmeal Cereal 6 Oz Glazed Cinnamon Roll 1 Ea Milk 8 Oz Coffee or Hot Tea 6 Oz Orange Juice 4 Oz Cold Cereal of Choice 1 Srv	French Toast w/Harvest Apple Topping 1 Srv Bacon 2 Sl Oatmeal Cereal 6 Oz Milk 8 Oz Coffee or Hot Tea 6 Oz Orange Juice 4 Oz Cold Cereal of Choice 1 Srv	Scrambled Eggs 1/4 Cup Oatmeal Cereal 6 Oz Ginger Pear Coffee Cake 1 Square - Margarine 1 Ea Milk 8 Oz Coffee or Hot Tea 6 Oz Orange Juice 4 Oz Cold Cereal of Choice 1 Srv	Baked Cheese Omelet 1 Ea Oatmeal Cereal 6 Oz Toast 1 Sl - Jelly 1 Ea - Margarine 1 Ea Milk 8 Oz Coffee or Hot Tea 6 Oz Orange Juice 4 Oz Cold Cereal of Choice 1 Srv	Buttermilk Pancakes 2 Ea - Margarine 1 Ea - Syrup 1 Ea Sausage Patty 1 Ea Oatmeal Cereal 6 Oz Milk 8 Oz Coffee or Hot Tea 6 Oz Orange Juice 4 Oz Cold Cereal of Choice 1 Srv	Scrambled Eggs w/Cheese 1/4 Cup Oatmeal Cereal 6 Oz Biscuit 1 Ea - Margarine 1 Ea - Jelly 1 Ea Milk 8 Oz Coffee or Hot Tea 6 Oz Orange Juice 4 Oz Cold Cereal of Choice 1 Srv	Scrambled Eggs 1/4 Cup Breakfast Ham 1 Oz Oatmeal Cereal 6 Oz English Muffin 1 Ea - Margarine 1 Ea - Jelly 1 Ea Milk 8 Oz Coffee or Hot Tea 6 Oz Orange Juice 4 Oz Cold Cereal of Choice 1 Srv
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Meatsauce w/ 6 Oz - Spaghetti Noodles 1/2 Cup Balsamic & Parmesan Roasted Cauliflower 1/2 Cup Garlic Bread 1 Ea Honey Glazed Pears 1/2 Cup Coffee or Hot Tea 6 Oz Smothered Turkey Patty 3 Oz Sliced Carrots 1/2 Cup Oven Browned Potatoes 1/2 Cup	Kielbasa Sausage 1 Ea Capri Vegetable Blend 1/2 Cup Brown Sugar Baked Beans 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Double Chocolate Brownie 1 Square Coffee or Hot Tea 6 Oz Cheese Quesadilla 1 Ea - Sour Cream 1 Pkt Whole Kernel Corn (veg) 1/2 Cup Ranch Style Potato Wedges 1/2 Cup	Baked Macaroni & Cheese 1 Cup Tomatoes Delmonico 1/2 Cup Rosemary Dinner Roll 1 Ea - Margarine 1 Ea Fruit Cocktail 1/2 Cup Coffee or Hot Tea 6 Oz Marinated Chicken Thigh 1 Ea Green Beans 1/2 Cup Mashed Potatoes 1/2 Cup	Honey Glazed Sliced Ham 3 Oz Braised Cabbage 1/2 Cup Candied Sweet Potatoes 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Cranberry Crunch Bar 1 Bar Coffee or Hot Tea 6 Oz Herbed Chicken Breast 3 Oz Country Vegetable Blend 1/2 Cup Parsley Noodles 1/2 Cup	Maple Dijon Chicken Breast 3 Oz Brussels Sprouts 1/2 Cup Sage Bread Dressing 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Banana Pudding Parfait 1/2 Cup Coffee or Hot Tea 6 Oz Glazed Baked Pork Chop 3 Oz Broccoli Florets 1/2 Cup Noodles Jefferson 1/2 Cup	Shrimp Scampi 3 Oz Roasted Green Beans 1/2 Cup Spaghetti Noodles 1/2 Cup Italian Herbed Dinner Roll 1 Ea - Margarine 1 Ea Tropical Fruit Salad 1/2 Cup Coffee or Hot Tea 6 Oz Smothered Steak 3 Oz Parsley Cauliflower 1/2 Cup Mashed Potatoes 1/2 Cup	Classic Open Face Turkey Sandwich 1 Sandwich Peas & Carrots 1/2 Cup Mashed Potatoes 1/2 Cup Vanilla Ice Cream 1 Ea Coffee or Hot Tea 6 Oz Hot Dog on a Bun 1 Sandwich - Baked Beans 1/2 Cup - Mustard 1 Pkt Confetti Coleslaw 1/2 Cup
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Rotisserie Chicken 3 Oz Country Vegetable Blend 1/2 Cup Cheesy Mashed Potatoes 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Pumpkin Spice Cake w/Cream Cheese Glaze 1 Square Milk 8 Oz Coffee or Hot Tea 6 Oz Garlic Baked Pork Chop 3 Oz Seasoned Beets 1/2 Cup Buttered Rice 1/2 Cup	Parmesan Crusted Tilapia Fillet 3 Oz Buttered Green Peas 1/2 Cup Rice Pilaf 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Chilled Peach Parfait 1/2 Cup Milk 8 Oz Coffee or Hot Tea 6 Oz Salisbury Steak 3 Oz - Brown Gravy 2 Oz Brussels Sprouts 1/2 Cup Mashed Potatoes 1/2 Cup	Chicken Salad Sandwich 1 Sandwich - Lettuce & Tomato 1 Plate Broccoli Salad 1/2 Cup Potato Chips 1 Oz Hearty Vegetable Soup 6 Oz - Saltine Crackers 1 Pkt Chocolate Chip Cookie 1 Ea Milk 8 Oz Coffee or Hot Tea 6 Oz Hamburger on a Bun 1 Sandwich - Lettuce & Tomato 1 Plate - Ketchup 1 Pkt - Pickle Spear 1 Spear Confetti Coleslaw 1/2 Cup Buttered Noodles 1/2 Cup	Country Fried Steak w/Mushroom Gravy 1 Ea Honey Roasted Carrots 1/2 Cup Oven Browned Potatoes 1/2 Cup Cornbread 1 Square - Margarine 1 Ea Scalloped Apples 1/2 Cup Milk 8 Oz Coffee or Hot Tea 6 Oz Lemon Butter Baked Tilapia Fillet 3 Oz Green Peas 1/2 Cup Herbed Rice 1/2 Cup	Swedish Meatballs 3 Ea Capri Vegetable Blend 1/2 Cup Mashed Potatoes 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Mandarin Oranges 1/2 Cup Milk 8 Oz Coffee or Hot Tea 6 Oz Mushroom & Cheese Quiche 1 Sl Braised Cabbage 1/2 Cup	Savory Pork Roast. 2 Oz Harvard Beets 1/2 Cup Au Gratin Potatoes 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Chocolate Cake w/Peanut Butter Frosting 1 Square Milk 8 Oz Coffee or Hot Tea 6 Oz Marinated Chicken 3 Oz Whole Kernel Corn (veg) 1/2 Cup Parsley Rice 1/2 Cup	Cheese Ravioli w/Marinara Sauce 1 Cup Tossed Salad w/Dressing 1 Cup Garlic Bread 1 Ea Peach Crisp 1/2 Cup Milk 8 Oz Coffee or Hot Tea 6 Oz Breaded Chicken on a Bun 1 Sandwich - Mayonnaise 1 Pkt - Lettuce & Tomato 1 Plate Broccoli Florets 1/2 Cup Potato Wedges 1/2 Cup - Ketchup 1 Pkt

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Regular						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Western Scrambled Eggs 1/4 Cup Oatmeal Cereal 6 Oz Toast 1 Sl - Jelly 1 Ea - Margarine 1 Ea Milk 8 Oz Coffee or Hot Tea 6 Oz Orange Juice 4 Oz Cold Cereal of Choice 1 Srv	French Toast 2 Sl - Margarine 1 Ea - Syrup 1 Ea Bacon 2 Sl Oatmeal Cereal 6 Oz Milk 8 Oz Coffee or Hot Tea 6 Oz Orange Juice 4 Oz Cold Cereal of Choice 1 Srv	Scrambled Eggs w/Cheese 1/4 Cup Oatmeal Cereal 6 Oz Toast 1 Sl - Margarine 1 Ea - Jelly 1 Ea Milk 8 Oz Coffee or Hot Tea 6 Oz Orange Juice 4 Oz Cold Cereal of Choice 1 Srv	Biscuit 1 Ea - Sausage Gravy 3 Oz Oatmeal Cereal 6 Oz Hashbrown 1/2 Cup Milk 8 Oz Coffee or Hot Tea 6 Oz Orange Juice 4 Oz Cold Cereal of Choice 1 Srv	Scrambled Eggs 1/4 Cup Oatmeal Cereal 6 Oz Apple Cinnamon Muffin 1 Ea - Margarine 1 Ea Milk 8 Oz Coffee or Hot Tea 6 Oz Orange Juice 4 Oz Cold Cereal of Choice 1 Srv	Egg & Cheese Bake 1 Square Oatmeal Cereal 6 Oz Toast 1 Sl - Margarine 1 Ea - Jelly 1 Ea Milk 8 Oz Coffee or Hot Tea 6 Oz Orange Juice 4 Oz Cold Cereal of Choice 1 Srv	Buttermilk Pancakes 2 Ea - Margarine 1 Ea - Syrup 1 Ea Breakfast Ham 1 Oz Oatmeal Cereal 6 Oz Milk 8 Oz Coffee or Hot Tea 6 Oz Orange Juice 4 Oz Cold Cereal of Choice 1 Srv
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Rosemary Roast Beef Au Jus 3 Oz Sliced Parsley Carrots 1/2 Cup Baked Potato 1 Ea - Margarine 1 Ea - Sour Cream 1 Pkt Dinner Roll/Bread 1 Ea - Margarine 1 Ea Harvest Baked Apples 1/2 Cup Coffee or Hot Tea 6 Oz Smothered Turkey Patty 3 Oz Brussels Sprouts 1/2 Cup Buttered Rice 1/2 Cup	Dijon Pork Loin 3 Oz Capri Vegetable Blend 1/2 Cup Rice Pilaf 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Citrus Glazed Angel Food Cake 1 Sl Coffee or Hot Tea 6 Oz Hamburger Steak w/Grilled Onions 3 Oz - Brown Gravy 2 Oz Braised Cabbage 1/2 Cup Mashed Potatoes 1/2 Cup	Smothered Chicken Thigh 1 Ea Whole Kernel Corn (veg) 1/2 Cup Oven Browned Potatoes 1/2 Cup Cornbread 1 Square - Margarine 1 Ea Sliced Pears 1/2 Cup Coffee or Hot Tea 6 Oz Hot Dog on a Bun 1 Sandwich - Baked Beans 1/2 Cup - Mustard 1 Pkt Confetti Coleslaw 1/2 Cup	Homestyle Meatloaf w/Ketchup Glaze 4 Oz Seasoned Green Peas 1/2 Cup Au Gratin Potatoes 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Caramel Apple Upside Down Cake 1 Square Coffee or Hot Tea 6 Oz Vegetable Quiche 1 Sl Sauteed Spinach 1/2 Cup	Thin Crust Cheese Pizza 1 Pc Tossed Salad w/Dressing 1 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Chilled Peaches 1/2 Cup Coffee or Hot Tea 6 Oz Parsley Pork Chop 3 Oz Roasted Beets 1/2 Cup Parmesan Noodles 1/2 Cup	Lemon Butter Baked Tilapia Fillet 3 Oz Broccoli Florets 1/2 Cup Roasted Red Skin Potatoes 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Pineapple Tidbits 1/2 Cup Coffee or Hot Tea 6 Oz Rosemary Chicken Breast 3 Oz Sliced Carrots 1/2 Cup Seasoned Rice 1/2 Cup	BBQ Pork on a Bun 1 Sandwich Country Vegetable Blend 1/2 Cup Baked Beans 1/2 Cup Butterscotch Pudding Parfait 1/2 Cup Coffee or Hot Tea 6 Oz Cheese Quesadilla 1 Ea - Sour Cream 1 Pkt Green Peas 1/2 Cup Oven Browned Potatoes 1/2 Cup
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Chicken Tenders 2 Ea - Honey Mustard 1 Ea Roasted Green Beans 1/2 Cup Macaroni & Cheese 1/2 Cup Herbed Dinner Roll 1 Ea - Margarine 1 Ea Oatmeal Raisin Cookie 1 Ea Milk 8 Oz Coffee or Hot Tea 6 Oz BBQ Pork Chop 3 Oz Whole Kernel Corn (veg) 1/2 Cup Mashed Potatoes 1/2 Cup	Breaded Fish on a Bun 1 Sandwich - Tartar Sauce 1 Pkt Broccoli Florets 1/2 Cup Tater Tots 1/2 Cup - Ketchup 1 Pkt Deluxe Fruit Salad 1/2 Cup Milk 8 Oz Coffee or Hot Tea 6 Oz Rotisserie Chicken Thigh 1 Ea Green Peas 1/2 Cup Buttered Noodles 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea	Classic Baked Ziti 1 Cup Parmesan & Herb Roasted Cauliflower 1/2 Cup Italian Herbed Dinner Roll 1 Ea - Margarine 1 Ea Peanut Butter Brownie 1 Square Milk 8 Oz Coffee or Hot Tea 6 Oz Meatballs w/Gravy 3 Ea Tossed Salad w/Dressing 1 Cup Mashed Potatoes 1/2 Cup	Italian Sausage Sub w/Pepper & Onion 1 Sandwich Capri Vegetable Blend 1/2 Cup French Fries 1/2 Cup - Ketchup 1 Pkt Tropical Fruit Salad 1/2 Cup Milk 8 Oz Coffee or Hot Tea 6 Oz Breaded Chicken on a Bun 1 Sandwich - Mayonnaise 1 Pkt - Lettuce & Tomato 1 Plate Broccoli Florets 1/2 Cup Buttered Rice 1/2 Cup	Honey Glazed Turkey 3 Oz - Poultry Gravy 2 Oz Roasted Brussels Sprouts 1/2 Cup Mashed Potatoes 1/2 Cup Cornbread 1 Square - Margarine 1 Ea Pumpkin Cheesecake Bar 1 Bar Milk 8 Oz Coffee or Hot Tea 6 Oz Smothered Steak 3 Oz Whole Kernel Corn (veg) 1/2 Cup Buttered Noodles 1/2 Cup	Chicken Parmesan w/ 3 Oz - Spaghetti Noodles 1/2 Cup Garlic Green Beans 1/2 Cup Garlic Bread 1 Ea Chocolate Ice Cream 1 Ea Milk 8 Oz Coffee or Hot Tea 6 Oz Ham Sandwich 1 Sandwich - Lettuce & Tomato 1 Plate - Mayonnaise 1 Pkt Marinated Mixed Vegetable Salad 1/2 Cup Potato Chips 1 Oz	Salisbury Steak 3 Oz - Brown Gravy 2 Oz Creamed Spinach 1/2 Cup Garlic Potato Wedges 1/2 Cup Dinner Roll/Bread 1 Ea - Margarine 1 Ea Fruit Cocktail 1/2 Cup Milk 8 Oz Coffee or Hot Tea 6 Oz Grilled Turkey & Cheese Sandwich 1 Sandwich Winter Vegetable Blend 1/2 Cup Herbed Rice 1/2 Cup